



An alarming eighty-eight percent of Americans cite hostility, desk-rage, and workplace incivility as top concerns. Anna Maravelas helps executives, supervisors, managers - and the people that work for them - protect pride, profit, and productivity from these disabling emotions. Anna Maravelas is a therapist, the author of *How to Reduce Workplace Conflict and Stress*, and founder of Thera Rising, Inc., in St. Paul, Minnesota. Anna Maravelas has improved productivity and profits, resolved conflict, and restored trust in client organizations for more than 20 years.

Anna Maravelas has delivered hundreds of keynotes and seminars and her work is consistently cited for its excellence. Her most popular topic, "The Self-Defeating Habits of Otherwise-Brilliant People" receives enthusiastic responses across the United States and England. Anna Maravelas' expertise, warmth, and humor merge into an unusual ability to express profound insights and convey powerful, lasting skills that result in permanent change.

Her groundbreaking strategies have appeared in *The New York Times*, *The American Bar Association Journal*, *Harvard Management Update*, *Healthcare Risk Management*, the *American Management Association Journal*, *Training Magazine*, and *Continental Air*.

Anna Maravelas' presentations are full of insight, laughter, and surprise, and reveal her techniques for creating the attitudes and skills that are necessary for employee and client satisfaction, eliminating the root cause of destructive, costly conflicts, dismantling invisible walls that destroy profit and relationships, and managing irritability in customers and colleagues. She shows how to be "hard on the problem ...

Anna Maravelas

Speech Topics

- ▮ Women's Issues
- ▮ Teambuilding
- ▮ Stress Management
- ▮ Personal Growth
- ▮ Peak Performance
- ▮ Leadership

