



A three-time Super Bowl champion and five-time Pro Bowl selection, **Darren Woodson** is often recognized as one of the greatest players to wear a Dallas Cowboys uniform.

A native of Phoenix, Woodson played football at Maryvale High School as a running back and linebacker. He attended Arizona State University, where he was a converted linebacker for the Sun Devils and earned his Bachelor of Science in Justice Studies.

In the 1992 NFL Draft, the Dallas Cowboys selected Woodson in the second-round (37th overall). Throughout his 12 seasons (1992-2004) with the Cowboys, he earned a reputation as one of the hardest hitters and most ferocious safeties in the NFL.

Woodson retired in 2004 as the Cowboys' All-Time Leading Tackler with 1,350 career stops and registering career totals of 11 sacks and 23 interceptions. Throughout his NFL career, his dependability, athleticism and aggressiveness helped lead the Cowboys to three Super Bowl Championships (Super Bowl XXVII, XXVIII and XXX) - securing him an elite position in the club's history. In 2015, Woodson was inducted into the prestigious Cowboys "Ring of Honor." He was also named to the Arizona Sports Hall of Fame (2009) and the Texas Sports Hall of Fame (2017).

Upon retiring from the NFL, Woodson joined ESPN as an NFL analyst in 2005. He appeared on "NFL Live" and "SportsCenter" and also participated on the network's coverage of the Super Bowl, NFL Draft and NFL training camp specials. After 14 years with the network and commuting weekly to Bristol, Connecticut, Woodson announced his retirement in 2019.

Transitioning from the NFL to a post-playing career is not easy for most athletes—but Woodson has found consistent success. Woodson joined ESRP Advisory Dall...

Darren Woodson

Speech Topics

- ☐ Teambuilding
- ☐ Sports
- ☐ Real Estate
- ☐ Personal Growth
- ☐ Leadership
- ☐ Entrepreneur



Testimonials

☐ Darren was terrific. In fact, I just received a phone call from a senior executive telling me that Darren was one of the best speakers he had ever heard. He brought energy, empathy, humor and insight to all, even those without a love of the game (or the Cowboys!). He engaged in a friendly banter with our leader, agreed to throw footballs into the audience, recognized one of our employees for her work with Diversity & Inclusion, and stayed after making sure he got to every last person waiting for a photo, autograph and wanting to tell their story. He even did a video for someone who requested it!

- Alison H., SAP Digital Business Services.

☐ Darren really hit home the message of cultural differences between mediocre teams and winning teams. He truly left the room compelled to do more, give more, be more. Thank you, Darren, for an excellent keynote last night. The standing ovation was extremely deserved!

