



Jay Shetty, a global bestselling author, award-winning podcast host of On Purpose, and purpose-driven entrepreneur, has made an indelible impact on hearts and minds worldwide. Born in London, he embarked on a transformative journey as a Hindu monk before merging ancient wisdom with the digital world. His podcast, “On Purpose with Jay Shetty”, tops the charts as the world’s leading Health and Wellness podcast with over 35 million monthly downloads and features influential guests such as President Joe Biden, Oprah, Selena Gomez, Kim Kardashian, Tom Holland, and Kobe Bryant.

Jay’s books, “Think Like A Monk” and “8 Rules of Love,” offer profound insights and have topped bestseller lists. To bring these enlightening teachings from “8 Rules of Love” to life, Jay embarked on his first-ever worldwide tour, “Jay Shetty: Love Rules.” Jay’s pandemic initiatives and charitable work have made a significant impact.

In 2020, he joined forces with Give India, raising over \$5 million in just 24 hours, and assisted over 800 students in obtaining educational programming for a year through Pencils of Promise, which led to him being awarded Philanthropist of the Year by Pencils of Promise. Continuing his mission to empower and inspire, Jay co-founded House of 1212—a purpose-driven talent agency representing the world’s most influential creators, thought leaders, and innovators.

In June 2023, Jay and his wife Radhi Devlukia launched Juni, an adaptogenic sparkling tea - a simple way to make wellness part of your daily routine. Jay has been featured in publications such as Vogue, The New York Times, Harper’s Bazaar, Vanity Fair, Men’s Health, and The Wall Street Journal. Additionally, he has made appearances on The Late Show with Stephen Colbert, TOD...

Jay Shetty

Speech Topics

- Technology
- Teambuilding
- Social Media
- Resilience
- Personal Growth
- Peak Performance

