



Tim S. Grover is the CEO of ATTACK Athletics, Inc., founded in 1989. World-renowned for his legendary work with elite champions and Hall of Famers, including Michael Jordan, Kobe Bryant, Dwyane Wade, and hundreds other NFL, MLB, NBA, and Olympic athletes, he is the preeminent authority on the science and art of physical and mental dominance and achieving excellence. Author of the national bestseller *RELENTLESS: From Good to Great to Unstoppable* and creator of digital training platform The Relentless System, Tim appears around the world as a keynote speaker and consultant to business leaders, athletes, and elite achievers in any area who want to know how the best can get better in anything they do, teaching the principles of relentless drive, result-driven performance, and mental toughness. A featured columnist at SI.com and Yahoo.com, he also appears on ESPN, FoxSports, and other media outlets. Tim earned his Master's degree in Exercise Science and his Bachelor's degree in Kinesiology at University of Illinois-Chicago. As a former NCAA Division I basketball player at the University of Illinois-Chicago, Grover was inducted into the UIC Hall of Fame with the Lifetime Achievement Award in 2010.

Testimonials

“ Most people can't handle the truth that Tim speaks. For those who can, his message will unlock your inner beast, and create the relentless drive to dominate your marketplace, your industry and anyone who dares to consider themselves your competitor. ”

- Grant Cardone - 10x GrowthCon.

“ Tim's presentation was truly 'unstoppable.' He connected with our group and demonstrated that hard work and commitment is what takes you from good to great to unstoppable.” ”

- Kent Taylor - FOUNDER/CEO, Texas Roadhouse.

Tim Grover

Speech Topics

- Sports
- Personal Growth
- Peak Performance
- Motivation
- Leadership
- Inspiration

