



#### INSPIRATION

Travis Lloyd's story has been shared on stages internationally and in nearly all 50 states. It is a story of overcoming generational cycles of abuse through a mindset shift that was inspired by Just 1 Person at a time. After a journey through foster care and institutions, Travis Lloyd became a powerful advocate for positive systemic change. He understands what it takes to create mindset shifts and truly connect with clients, colleagues, and your own goals. Fostering change through Just 1 Person at a time is a theme that can inspire all types of groups and organizations.

#### FOSTERING CHANGE

Travis Lloyd's story started as a youth when receiving services from child welfare and mental health agencies, but it took a drastic turn when he obtained a Bachelor's of Science and began working in those same systems as a Registered Nurse. This dual perspective allowed him to view these services from a lens that was far beyond his education. After serving as a psychiatric nurse, ER nurse, and Mental Health Mobile Crisis Worker, this perspective opened doors to advocate for organizational change at local, state, and national levels.

#### RESULTS THAT MATTER

Many who have heard Travis Lloyd speak or read his latest book *OVERCOMING EMOTIONAL TRAUMA: Life Beyond Survival Mode* have said that his journey is one of a kind "miracle success story." It's a story that connects the theories of improving outcomes in organizations and systems of care with practical experiences and tangible action steps. Audiences leave feeling like someone really "gets" them, knowing they matter, and ready to improve outcomes.

## Testimonials

"There is a difference between just being inspired and actually being motivated to make a change. Travis is that difference."

- Social Worker, Las Vegas.

### Travis Lloyd

#### Speech Topics

- Youth
- Personal Growth
- Overcoming Adversity
- Life Balance
- Inspiration
- Family

