

Mackenzie Phillips – American Actress and author of the courageous *New York Times* bestselling memoir *High on* Arrival, and her equally successful book, *Hopeful Healing: Essays on Managing Recovery and Surviving Addiction* is also currently enjoying her role as 'Barb' in Season 6 / Netflix, *Orange Is The New Black* and another Netflix show reuniting with series creator Norman Lear for the revival of *One Day At A Time*.

Phillips rose to fame with breakout parts in 1973's *American Graffiti* and '70s sitcom *One Day at a Time* and is now making a different impact as VP aT *Breathe Life Healing Center* in Los Angeles where she specializes in trauma, drug, and alcohol treatment and recovery from mental health issues.

Mackenzie Phillips

Speech Topics

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Addiction