



**Dr. Pritpal S Tamber** explores how communities can lead the pursuit of health equity.

His work began in 2013 when he was the Physician Editor of TEDMED. Through that role, he observed that innovation in health largely failed to appreciate people's social conditions - commonly referred to as the 'social determinants of health'. In response, he founded the Creating Health Collaborative, a highly curated meeting of innovators operating from a deep understanding of a community and its context.

The innovators in the Collaborative were clear that communities' contexts are not accidental - they are created by policies and how those policies are translated by systems into practices. Population-level health improvement, then, is about changing policies, systems and practices.

To date, the health sector has sought to do this through research. Experts take knowledge generated through research and share it with policymakers and system leaders. Important though this is, it has largely failed to result in the radical changes needed to improve social contexts.

Communities are increasingly organizing to improve their contexts. The process involves building their power and using it to change policies, systems and practices - often described as structural change. Given that inequity stems from unjust and unfair structures, communities are effectively using their power to pursue health equity.

Dr. Tamber studies this growing movement and advises organizations in health - whether health care, public health or philanthropy - what it means for them. He looks at both empirical research and on-the-ground practices to make sense of this new frontier in structural change and health improvement - and what it means for the future of health...

## Testimonials

"Dr. Tamber was excellent. Such an enjoyable person. Kind, smart, humble, funny...I can't say enough good things about him. His talk was on point and very well received. He incorporated the right amount of humor while also delivering a direct message that we can't just keep doing what we've been doing if we want anything to change in our communities; a message that this group needed to hear...Judging by the mob of people that he stuck around and patiently chatted with, I think everyone enjoyed him and his message. It definitely closed out the conference on a super high note. I can't thank you enough for connecting us with him. Thank you for making us look good!"

- WSHA.

### Pritpal Tamber

#### Speech Topics

- TED Talks
- Innovation
- Healthcare
- Futurist
- Disruption
- Change

