



Dr. Craig Manning author of *The Fearless Mind* brings his proven methodology that he uses to help some of the world's top professional athletes, business leaders, and musicians unleash their potential. Learn how to Engineer Success Through The Application of Psychological Truths. Dr. Manning's clients include but not limited to Red Bull High Performance, US Ski and Snowboarding Teams, Collegiate Teams, large and small organizations and award winning musicians.

Potential + Training - Interference = High Performance

The secret to high performance is in the application of psychological principles. Human potential is extra-ordinary when trained the right way and when the interference that can occupy the mind is eliminated. Examples of interfering variables include: an ego orientated mindset, fear of failure/success, poor attentional control, self-doubt, and irrational decision making.

WHERE DID THE FEARLESS MIND COME FROM?

Throughout Dr Manning's life he has learned the difficulties of defeat, the elation of success, and the constant struggle of reaching for high performance. As a young athlete Craig Manning rose to the professional level of tennis and played matches in many parts of the world. Through the wins and the losses a young Dr Manning was able to learn from these experiences to not only know how to play tennis better but how to use his mind the right way. He took his experience to college where he earned a degree in psychology and then went on to earn a PhD in applied sport psychology while coaching a division 1 college tennis team to seven conference championships in ten years.

With two decades of experience as an athlete and a coach, Dr Manning decided to move on and work personally with athletes, business...

Craig Manning

Speech Topics

- Sports
- Peak Performance



Testimonials

“While mental toughness is important for all athletes, it is particularly important for tennis players as we are often all alone out on the court with no one to talk to or coach us. Dr. Manning has provided me with tools necessary to stay focused and perform at the highest level possible. I compete all over the world and have an unpredictable travel schedule; however, Dr. Manning has been very accommodating and accessible. A lot of our work can be done online and over the telephone and he makes sure that I am doing what I need to do to be successful.”

- Varvara Lepchenko Professional Tennis Player.

“The fearless mind has been incredibly valuable to me personally and to my performance on the diamond this past year! Baseball is such a mental sport and Dr. Manning has been a huge help. Visualizing myself performing at each at bat has given me a huge edge. I have learned a lot and hope to keep learning new ways to increase my performance! Potential + Training - Interference = High Performance! This program has helped me get rid of my interference!”

- Jacob Hannemann MLB/Chicago Cubs.

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