

Tim Hague is an internationally known speaker, bestselling author, and Parkinson's Advocate. Born in Texas Tim was adopted and raised in Kansas by parents who eventually adopted six biracial children in addition to having three children of their own. Tim grew up knowing what it was like to have little and how it felt to never quite fit in. Born in 1964 he was born a half breed in a very black and white world.

At the age of 24, Tim and his young wife Sheryl moved to Winnipeg, Canada, setting out on what proved to be a truly amazing journey. Tim earned his Registered Nurse designation in 1995 and had a magnificent career that spanned twenty plus years but was cut short by a diagnosis of Young Onset Parkinson's Disease at the age of 46. The diagnosis came as a shock to an otherwise healthy guy. After a period of initial struggle, Tim got back on his feet and ran his first triathlon.

As a follow up to his nursing career Tim went on to found the Parkinson's charity, U-Turn Parkinson's, with the goal of empowering people living with Parkinson's in their pursuit of wellness. Parkinson's is a leading neurological disorder second only to Alzheimer's. Classically known for the tremors it produces Parkinson's is a chronic and progressive disease that often debilitates those fighting it. Tim's mission at U-TurnPD is to help those with the disease live well despite its devastating effects.

In the midst of adjusting to this new reality with Parkinson's Tim made a decision that flipped his world. He and his son, Tim Jr., applied for and were selected to run the inaugural season of The Amazing Race Canada. Running a less than stellar race 'The Tim's' produced an epic come from behind win that no one expected. Having bee...

## **Testimonials**

"As the co-chair of the Program Committee, the feedback tells us loud and clear that we made the right decision when we asked you to speak at the conference. I pulled some of the comments out of the survey and here are some that I would say mirror the Program Committee thoughts: I really enjoyed his presentation and was an excellent way to finish off the day / He was wonderful. He has a natural presence and I really connected with his honesty / So inspiring! No other words... just amazing / Dynamic speaker"

- Manitoba EHealth .

"Reflective, funny, and personal," is the way I would describe Tim and his masterful skill of capturing an audience and taking them on his journey. Stories come naturally and easily but, most importantly, weave meaning and relevance to his audience. Box up the platitude-driven speakers and get something real and relevant."

- Interim Executive, Business Educator, Advisor, Fixer.

## Tim Hague

## **Speech Topics**

Overcoming Adversity

Motivation

Life Balance



