



Dr. Ian Smith has served as the medical/diet expert for six seasons on VH1's highly-rated *Celebrity Fit Club*, is the creator and founder of The 50 Million Pound Challenge, and is a medical contributor on the nationally syndicated television show *Rachael Ray*. Dr. Smith is also the host of his own nationally syndicated radio show "HealthWatch" on American Urban Radio Networks. He is the former medical correspondent for NBC News network and for NewsChannel 4, where he filed reports for NBC's *Nightly News* and *The Today Show* as well as WNBC's various news broadcasts. He has appeared extensively on various broadcasts including *Oprah*, *The View*, *The Tyra Show*, *Larry King Live*, *Anderson Cooper 360*, and *Showbiz Tonight*. Dr. Smith has recently been appointed by President Obama to the President's Council on Fitness, Sports, and Nutrition. He has written for various publications including *Time*, *Newsweek*, *Men's Health*, and the *New York Daily News*, and has been featured in several other publications including *People*, *Essence*, *Ebony*, *University of Chicago Medicine on the Midway*, *Cosmopolitan*, and *Black Enterprise*.

A highly sought after speaker, Dr. Smith's work has been honored by several organizations, including the National Academy of Television Arts & Sciences for his coverage on the momentous events beginning on 9/11. Dr. Smith is very active in charitable causes. He is currently a national advisory board member for the Maya Angelou Center for H...

Ian Smith

Speech Topics

- ☐ Healthcare
- ☐ Health & Wellness
- ☐ Entertainment