

Dr. Brené Brown is a research professor at the University of Houston, where she holds the Huffington Foundation Endowed Chair at the Graduate College of Social Work. She also holds the position of visiting professor in management at the University of Texas at Austin McCombs School of Business.

Brené has spent the past two decades studying courage, vulnerability, shame, and empathy. She is the author of six #1 New York Times best sellers and is the host of two award-winning podcasts, Unlocking Us and Dare to Lead. Brené's books have been translated into more than 30 languages, and her titles include Atlas of the Heart, Dare to Lead, Braving the Wilderness, Rising Strong, Daring Greatly, and The Gifts of Imperfection. With Tarana Burke, she co-edited the best-selling anthology You Are Your Best Thing: Vulnerability, Shame Resilience, and the Black Experience.

Brené's TED talk on the Power of Vulnerability is one of the top five most-viewed TED talks in the world, with over 60 million views. Brené is the first researcher to have a filmed lecture on Netflix, and in March 2022, she launched a new show on HBO Max that focuses on her latest book, Atlas of the Heart.

Brené spends most of her time working in organizations around the world, helping develop braver leaders and more-courageous cultures.

She lives in Houston, Texas, with her husband, Steve. They have two children, Ellen and Charlie, and a weird Bichon named Lucy.

Testimonials

"Today's global economy is forcing businesses to increase productivity and efficiency while reorganizing to reflect the global landscape. Brené's research on connection, empathy, and vulnerability in the workplace helped us better understand how the emotional consequences of change play out in the workplace, and how to more effectively engage with one another. She delivers a critically important message that is supported by original research and does so in an engaging and intelligent way. Leaders at all levels of the organization come away with a new framework for looking at these issues and making effective changes to how they lead."

- Shell Oil Company.

"One question we had when we hired Brené to speak to our audience of more than 3,000 business people from 90 countries was, "Would her topic and style be effective for business?" My answer is a resounding YES. While many speakers try to motivate, Brené actually inspires people in business by helping them identify and free themselves from what blocks them from their reaching their potential. Her delivery was deeply personal yet it was relevant for all, including those in our culturally diverse audience for whom English is their second language. The universal comment from our attendees was, "I felt she was speaking directly to me." That is the ultimate endorsement."

- Virtuoso Ltd..

Brene Brown

Speech Topics

Youth

Women in Business

TED Talks

Personal Growth

Management

Leadership



