



Jillian Michaels is the foremost fitness expert in the world, a certified nutritionist, renowned life coach, and a powerful female entrepreneur. Committed to helping people be the best versions of themselves and to live their happiest and healthiest lives, Michaels has dominated the health and wellness space with an international community of followers 100 million + strong across all her platforms. From hit television shows, contributing positions in publishing from Hearst to Conde Nast, award-winning fitness and nutrition apps, extensively successful fitness DVDs, 8 *New York Times* best-selling books, an award-winning podcast, live speaking engagements - absolutely no one compares to Jillian Michaels ability to educate and motivate.

Jillian Michaels

Speech Topics

- Women in Business
- Personal Growth
- Peak Performance
- Motivation
- Life Balance
- Health & Wellness

