



**Dr. Paul White** is a psychologist, author, and speaker who “makes work relationships work.” He has written for and been interviewed by the BBC News, Business Week, New York Times, CNN/Fortune.com, and the Washington Post. Dr. White has spoken around the world and his expertise has been requested by PepsiCo, Microsoft, NASA, L’Oreal, Ritz Carlton, and numerous other multinational organizations. He is the coauthor of the best-selling, *The 5 Languages of Appreciation in the Workplace*, which has sold over 575,000 copies (written with Dr. Gary Chapman, author of *The 5 Love Languages*). They have developed practical ways for leaders and employees to communicate authentic appreciation leading to increased employee engagement, lower staff turnover, more positive work environments, and higher productivity.

Cited as a thought-leader in workplace relationships, his style has been described as “world-class expertise providing practical, easily implemented information with the right touch of humor.

## Paul White

### Speech Topics

- ▢ Teambuilding
- ▢ Religion / Faith
- ▢ Personal Growth
- ▢ Peak Performance
- ▢ Motivation
- ▢ Management

## Testimonials

▢ “I believe in the message Dr. White and Dr. Chapman communicate. How we care for one another in the community, our workplace, and in our families directly relates to our uniqueness as individuals, apart from our performance. I could very easily apply this to my work with youth, in building them into more confident adults. The simple message of appreciation builds up community and reinforces the concept that everyone has personal value. His talk reminded me that sharing appreciation with others is one thing we can all do, regardless of our job description.” ▢

- CEO Pyxis, Inc..



▢ “As the Chairman of the American Society of Baking and the one responsible for bringing keynote speakers to the annual event that would deliver quality messages and tools, I knew that Dr. Paul White and his message based on the 5 Love Languages would fit our membership perfectly, and it did. Dr. White brought a practical approach to employee relations and did a great job showing us the difference between recognition and appreciation. His book, *The 5 Languages of Appreciation in the Workplace* was a hit with attendees, which the majority are from smaller family owned and operated businesses. Dr. White should be invited to speak to any group of leaders who have the responsibility to care for employees and ultimately their families. Thank You Dr. White.” ▢

- American Society of Baking Chairman.