

Shawn Achor, author of *The Happiness Advantage*, spent over a decade at Harvard University where he won numerous distinguished teaching awards for his work. He graduated magna cum laude from Harvard and earned a Masters from Harvard Divinity School in Christian and Buddhist ethics. In 2006, he was Head Teaching Fellow for "Positive Psychology," the most popular course at Harvard at the time. In 2007, Shawn founded Good Think Inc. to share his research with a wider population. When the global economy collapsed in 2008, Shawn was immediately called in as an expert by the world's largest banks to help restart forward progress. Subsequently, Shawn has spoken in 45 countries to a wide variety of audiences: bankers on Wall Street, students in Dubai, CEOs in Zimbabwe. Shawn's research on happiness and human potential has received attention from the Harvard Business Review, New York Times, Forbes, CNN, and NPR.

Shawn Achor is the winner of over a dozen distinguished teaching awards at Harvard University, where he delivered lectures on positive psychology in the most popular class at Harvard. His research and lectures on happiness and human potential have received attention in The New York Times, Boston Globe, The Wall Street Journal, as well as on NPR and CNN Radio.

Motivational speaker Shawn Achor travels around the United States and Europe giving talks on positive psychology to Fortune 500 corporations, schools, and non-profit organizations, including American Express, Credit Suisse, KPMG, Harvard Law School, Blue Cross/Blue Shield, Phillips Andover Academy, Microsoft, UBS, Northwestern Mutual, AT&T, RE/MAX, Johnson & Johnson, Genentech, HP, and Frito-Lav.

Shawn Achor graduated magna...

Testimonials

"A short note of appreciation for the outstanding, insightful and inspirational presentation at our Senior Leadership meeting. You have an uncanny ability to modify the content to the audience, and the result is impactful."

- Adobe.

"Shawn's presentation on happiness was absolutely amazing! Funny, engaging, smart, optimistic, and practical, Shawn inspired us to shift the way that we look at the world, and to make simple yet powerful changes in our own lives. His uplifting message had a positive impact on those who attended - the feedback we've received has been extraordinary, and people are still talking about his presentation!"

- Goodwin Procter LLP.

Shawn Achor

Speech Topics

University/College

Personal Growth

Peak Performance

Motivation

Mental Health

Leadership

