



Mildred D. Muhammad is an Award-Winning Global Keynote Speaker, Certified Consultant with the US Dept of Justice/Office for Victims of Crime, Speaker for the US Dept of State, CNN Contributor, Domestic Abuse Survivor, Certified Domestic Violence Advocate, Certified Intuitive Life Coach, 5X-Author & TV Show Host, Author, Trainer & Educator traveling and speaking on a national and international platform to discuss her life of terror, abuse, and heartache, all while promoting Domestic Violence Awareness and Prevention. As the ex-wife of the D.C. sniper, John A. Muhammad, who went on a three-week rampage, with the end result, as stated by law enforcement, was to find Mildred and kill her too, the very personal details of her experiences involving fear, abuse and many of times, victim-blaming, has allowed Mildred's mission to be even more influential and of greater purpose.

As the ex-wife of the D.C. sniper, John A. Muhammad, who went on a three-week rampage, with the end result, as stated by law enforcement, was to find Mildred and kill her too, the very personal details of her experiences involving fear, abuse and many of times, victim-blaming, has allowed Mildred's mission to be even more influential and of greater purpose. Simply stated, she was a victim who became a survivor and is now a warrior on the issues of domestic abuse/violence. She shares her expertise on what it's like to be a victim and a survivor of domestic violence "without physical scars" to various conferences, seminars, workshop audiences which include victims and survivors of domestic violence, advocates, law enforcement professionals, therapists, counselors, mental and medical health providers, university and college students as well as conduct military personnel training r...

Mildred Muhammad

Speech Topics

- Overcoming Adversity
- Inspiration
- Female Motivational
- Domestic Violence
- Diversity



Testimonials

“Ms Muhammad’s professionalism and desire to be an effective speaker was evident before, during and after the event - she unselfishly agreed to make herself available to numerous media requests and was willing to adapt her schedule to fit the needs of our community. Not only did Ms Muhammad provide a heartfelt and impactful keynote presentation, she made it her personal mission to connect with as many people as possible in a one-on-one setting both before and after her keynote presentation.”

- Alberta Canada.

“Ms Muhammad’s presentation was spectacular - it was engaging, honest, and very enlightening as she shared her personal experiences. She presented some of her life scenarios with humor and displayed compassion at the same time. Ms Muhammad also provided multiple responses to questions from our audience during the conference. Her answers were heartfelt and considerate to the participants sharing their personal experiences. Her presentation was two hours long however our participants did not grow tired of listening to her resilient experiences that involved her family. This program was designed for mental health professionals, psychologists, social workers, counselors, law enforcement and military affiliates. We truly enjoyed having her presentation and would be pleased to have her return to speak again in the near future.”

