

Andy Core has a master's degree in the science of human performance and has spent the last 16 years mastering the art of inspiring people to become energized, healthy, motivated and better equipped to thrive in today's hectic society. His "research scientist meets standup comic" style gives audiences the proprietary information and inspiration needed to accomplish more at work, live healthy, and still have a life. Combining stories from his experience a successful consultant with the latest research, he will ignite your motivation, show you how to execute a better way of life and live to enjoy it.

Andy Core has field tested his concepts working directly with hundreds of top performers within Gillette, Coldwell Banker, Intel, Ernst & Young, Clorox, Tyson Foods, Newell Rubbermaid, Unilever, as well as leading healthcare organizations and associations.

Andy's success rate at helping people go from "knowing they need to live a more balanced life" to actually living and capitalizing on it is thirteen times the national average.

Real Science. Real Successes. Really FUN!

To book motivational and life balance speaker Andy Core call Executive Speakers Bureau at 901-754-9404.

## **Testimonials**

"Thank you for speaking with the GIS team. You were all the talk at dinner tonight and the team was fighting to get your book. You were awesome and we loved having you!"

- Pfizer.

"He was awesome! And based on how many people were lined up to buy his book at the end my guess is that everyone enjoyed it. I actually think he would be great for our upcoming company retreat in September."

- Vice President.

## Andy Core

## **Speech Topics**

Personal Growth Peak Performance Motivation Life Balance



