

Tony Schwartz is the CEO and founder of The Energy Project, a consulting firm that helps individuals and organizations solve intractable problems and add more value in the world by widening their worldview.

Tony is considered one of the world's thought leaders around sustainable high performance and building more human workplaces. He began his career as a journalist and has been a reporter for the *New York Times*, a writer for *Newsweek*, and a contributor to publications such as *New York*, *Esquire*, *Vanity Fair*, and *Fast Company*.

Since founding The Energy Project in 2003, Tony has written extensively for the Harvard Business Review. He has also written the Life@Work column in the *New York Times*, and three of the most popular articles in the Times during the past several years: "Why You Hate Work," "Relax, You'll Be More Productive," and "Addicted to Distraction."

Tony is the author of several books, including *The Power of Full Engagement: Managing Energy, Not Time* (with Jim Loehr), which spent 28 weeks on the *New York Times* best-seller list and *The Way We're Working Isn't Working*, a *New York Times* and *Wall Street Journal* best-seller.

Tony has delivered keynotes and trainings to leaders of companies around the world, including Google, Unilever, Facebook, Whole Foods, Microsoft, Alcoa, the Los Angeles Police Department, the National Security Agency, and Save the Children.

Tony is married to Deborah Pines, a psychotherapist. He has two daughters and three grandchildren.

Testimonials

Wish that I had heard Tony Schwartz speak 30 years ago. It would have changed so much for the better. Unfortunately, I didn't hear him until three years ago. Even so, he has made a huge difference in my life. I have not been sick once in three years. I go home at night refreshed instead of tired, as If I were starting the day again. I feel good physically, which has not always been the case. I am more productive than ever, and it takes less out of me. Tony's work has the power to transform individuals and organizations.

- Revolution Places.

Tony Schwartz has become a National Treasure, the champion of a new source of renewable energy—ourselves! The Way We're Working Isn't Working is a great combination of engaging intellectual foundations, intriguing research findings, and truly practical advice. It's a veritable handbook for putting each of us on a more engaged, more productive, more satisfying—more energetic!—life course.

- Robert Kegan, PhD, Harvard School of Education, co-author of Immunity to Change.

Tony Schwartz

Speech Topics

Personal Growth

Peak Performance

Motivation

Leadership

Inspiration

Innovation



