

Leif Becker is one of the most recognized Martial Artist of breaking in the world today. He travels both nationally and internationally on a regular basis working with martial artist of all ages and abilities. He has been featured worldwide for his breaking ability and holds the world record as the Fastest Breaker in the World. Breaking 487 boards in one minute with one hand Leif Becker understands the importance of developing oneself to their fullest potential.

In 1996, Leif received his Black Belt in Tang Soo Do. In 1998 he founded Southbury Karate Academy in Connecticut.

In 2003, Leif began his journey for a World Record title. Over the next four years, Leif continued to develop himself as a professional athlete to develop the skills and mindsets to create success on some of the largest platforms in the country. A journey that began in his home state of Connecticut soon directed him to New York City appearing on the David Letterman show, and later to Hollywood California on his quest to be a World Champion. On July 30, 2005, Leif Becker successfully reached World Record Status by breaking 487 boards in one minute with one hand at Universal Studios in Hollywood California.

Since achieving World Record status, Leif has traveled the world sharing his passion for the martial arts as well as Peak Performance Training. Amateurs and professionals alike have had the opportunity to work with Leif and learn the important mindset skills it takes to become a champion.

Leif continues to speak on a national level and continuously strives to advance his professional credentials. Having received his forth degree black belt in Tang Soo Do, Leif remains very active in the martial arts field. In his free time he enjoys gol...

## **Testimonials**

"I have found Leif Becker's material to be fresh and cutting edge, and his presentation to be unique and electrifying. His skills as a World Record Board Breaker, the stories that accompany that journey, and his martial arts background blend perfectly with his message of "Breaking Barriers" in business and life."

- Send Out Cards.

"I've always known where I wanted to go in my career, I just didn't know how to get there. The applications I receive in Leif's presentations are like getting a road map for an important journey. I'm getting to where I want to be faster and more efficiently, and I've learned to enjoy the trip."

- Chaz - 99 ROCK WPLR Chaz and AJ in the Morning .

## Leif Becker

## **Speech Topics**

Sports Personal Growth Peak Performance Motivation Inspiration Change



