



When the challenges are steep, and the competition fierce, **Robyn Benincasa** provides individuals and organizations the tools they need to inspire themselves and one another to their greatest heights and to cross their most challenging finish lines.

For the last 20 years, she and her teammates have been competing at the front of the pack in the most unique and compelling classrooms on earth: The jungles of Borneo, the Himalayan peaks of Tibet, the rivers of Fiji, the rainforests of Ecuador, and the deserts of Namibia, studying the good, the bad, and the not-so-pretty of Extreme Teamwork. It is through these harrowing, life-affirming, and often hilarious experiences in the world's most grueling challenges that she has emerged with her truly unique perspective on what it takes to build the kind of world-class teams that succeed against all odds, triumph in the face of adversity and win as one in times of great challenge and change. Robyn accepts full blame for inspiring people to do insane things like climb Mount Kilimanjaro, run their first triathlon, start their own adventure racing teams, hike across the Grand Canyon with a group of Survivors, or start their own businesses. This is, after all, who she is and what she does: Robyn Benincasa inspires people to grab life with one hand, grab their teammates with the other, and to create that special magic that makes all of us better TOGETHER than we ever would have been alone!

Robyn has made an art form of extreme performance by competing and winning at the highest levels of sport and business; her keynotes are powerful, impactful, and packed with practical, real-world takeaways that inspire peak performance and exceptional leadership. As a 20+ year veteran San Diego firefighter, a World...

## Testimonials

Having followed your career a bit over the years, I had a pretty good sense for how awesome you would be, but it would appear that I underestimated that piece. I say that because we have done these meetings for many years, and while I think they all have been very good, no question that the feedback on you was exceptional! We had our debrief this morning, and we gave you an A+! Robyn, it was such a treat to be with you, and thank you again for the exceptional job you did. If I can help you in any way secure other events with our company I would be happy to do that; sounds like you are pretty busy as it is! I hope we have the chance to work together again, and in case I will look to you to help "pull me in" on one of the adventures!!! Let me know how we might help with the open water record attempt. All the best and thank you again for everything. See you soon!

- Florida Division Manager, Wells Fargo.

Hope all is well and life is great. Just want to let you know since our meeting in Orlando we are off to the best start in many years. We thinking is taking off. I have given your book to our three senior leaders at Wells Fargo Insurance services. One day I am hopping you visit our team and push us hard. You made a difference for me personally and for that I thank you. God bless and all the best talk soon.

### Robyn Benincasa

#### Speech Topics

- Virtual Keynotes
- University/College
- Teambuilding
- Sports
- Resilience
- Peak Performance



