



Jeff Davidson is the “Work-life Balance Expert” for our time-pressed work force and a leading authority on managing information overload, time and stress management, and systems for accomplishment. As a conference and convention speaker, he offers dynamic learning keynotes and seminar presentations, combining outstanding content with humor, flair, and inspiration, leaving his audiences supercharged and ready for action.

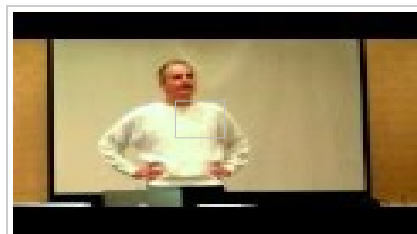
Frequently featured in *USA Today*, *the Washington Post*, and *Los Angeles Times*; quoted in the *New York Times*, *Christian Science Monitor*, and *Wall Street Journal's* Career Employment Weekly; and appearing on 175 television and radio talk shows including CNBC, CBS Nightwatch with Charlie Rose, and America in the Morning with Jim Bohannon, Jeff has reached a worldwide audience that has found his 36 books and more than 3,550 articles to be enlightening, entertaining, and life-changing.

His recent books, *The 60-Second Organizer*, and *The 60-Second Procrastinator* (Adams Media) are short, fun-filled, and power-packed, each with 60 tips to get you back in control no matter how long it's been!

Jeff Davidson

Speech Topics

- Stress Management
- Organizational Skills
- Life Balance



Testimonials

I was very pleasantly surprised by the presentation you made at our management meeting. As you may be aware, your presentation was on our agenda with the heading “Time Management,” and I was prepared for another boring lecture on how to better manage my time and pack more things into my day. Your approach to Breathing Space and the realities of trying to do business and have a personal life in the '90s was refreshing and confirmed the approach I have been implementing in my own life. I look forward to seeing you again in the future and wish you continued success.

- Gary Paxton, President & CEO, Dollar Thrifty Automotive Group, El Segundo, CA.

I thoroughly enjoyed your seminar this week at the MGMA Conference. Your one page summary as well as your easy to read book have fueled some immediate adjustments in both my work and personal life. Great job!

- Ruth N. Wallace, CEO Proscan Imaging, Cincinnati, OH.