



As America Health Empowerment Expert, **Taylor Grant** has appeared on over 300 television and radio programs where her unique brand of passion, positivity and practical health information led Family Net TV to dub her a ray of sunshine she makes a real difference in your health.

Taylor has vast experience developing health, motivation and wellness programs and her high-energy seminars have made her a sought-after speaker for events of every kind. Taylor books have sold over 3 million copies, with her latest Health Matters being called, a must-read book that will undoubtedly save lives. Her 5 Minute Clinic radio show is heard by millions every week on ABC Radio Networks, Sirius Radio and local stations nationwide, inspiring people everywhere to take charge of their health!

Take Charge! of Your Health Seminars and Education Programs Founder of two successful businesses with 17 years experience developing consumer health, motivation and wellness programs for government agencies, international corporations, national retailers and major healthcare organizations.

Taylor Grant

Speech Topics

- Life Balance
- Health & Wellness